

THE KNOX

ALL DAY MENU

SEE BLACKBOARD FOR WEEKLY SPECIALS

HOUSE BREAD & SPREADS / \$8.30 (V / DF / GFO)

Your choice of.. Country White Sourdough, Grain, Fruit & Honey or our GF/Keto Bread +2 / w Jam, PB or Vegemite..

EGGS ON TOAST / \$14 (V / DFO / GFO)

Two local eggs cooked your way on house sourdough..
Choose additional sides..

DOUBLE EGG & BACON ROLL / \$16 (DFO / GFO)

Free range fried eggs, double bacon, melted cheese & tomato relish on house milk bun

ROSTI BURGER / \$21 (V / GFO)

Local fried egg, seared halloumi, rosti, avocado, beetroot relish, sriracha aioli & rocket on house milk bun

RICOTTA HOT CAKES / \$20 (V)

House hot cakes w brûléed banana, lemon curd shards & vanilla bean ice cream

MEXICAN EGGS / \$22 (GFO / VO / VGO / DFO)

Mexican beans, charred chorizo, local poached eggs, smoked cheddar, corn salsa, sriracha aioli & house baguette

THE AVO / \$21 (V / VGO / GFO / DFO)

Poached local eggs, smashed avo, green peas, beetroot relish, feta & rocket w balsamic glaze & dukkah on grain

PUMPKIN BREAD / \$22.80 (V)

Local poached egg, pumpkin puree, feta & fried kale w toasted pepita crumb

EGGS BENNY / \$20 (GFO / VO)

Free range eggs w your choice of..

Bacon / Smoked Ham Hock / Wild Mushrooms

w sautéed spinach & hollandaise on house english muffin

THE FUNGUY / \$22 (V / VGO / DFO / GFO)

Assorted local mushrooms, cashew cream & puffed wild rice on house sourdough

BUDDHA BOWL / \$23 (GF / VO / DFO)

Teriyaki chicken, roasted sweet potato, pickled cabbage, mint yoghurt, sliced avocado, wild rice & sesame seed brittle

CHEESE BURGER / \$21.80 (DFO / GFO)

Ground beef, double cheese & pickles w tomato relish & aioli on house milk bun served w chips

GRILLED CHICKEN WRAP / \$21 (DF)

Teriyaki chicken, sweet potato, lettuce, avocado & sriracha aioli served w chips

VEG BURGER / \$19.50 (V / GFO)

House made sweet potato patty, pickled capsicum, romesco & fresh salad on house milk bun served w chips

ROOT VEGETABLE SALAD / \$22 (V / VGO / DFO / GFO)

Roasted pumpkin, sweet potato & beetroot, pearl couscous, feta & baby spinach w a pepita seed crumb & balsamic glaze

BOWL OF CHIPS / \$8.50 (GF)

BOWL OF SWEET POTATO CHIPS / \$9.5 (GF)

SIDES

3 / Hollandaise - Tom Relish - Pumpkin Hollandaise

3.5 / Extra Egg - Spinach - Toast

4.5 / Sliced Avo - Mushrooms - Tomatoes - Chips

5 / Bacon - Chorizo - Pork Belly - Potato Rosti -

Halloumi - House Beans - Sweet Potato Chips

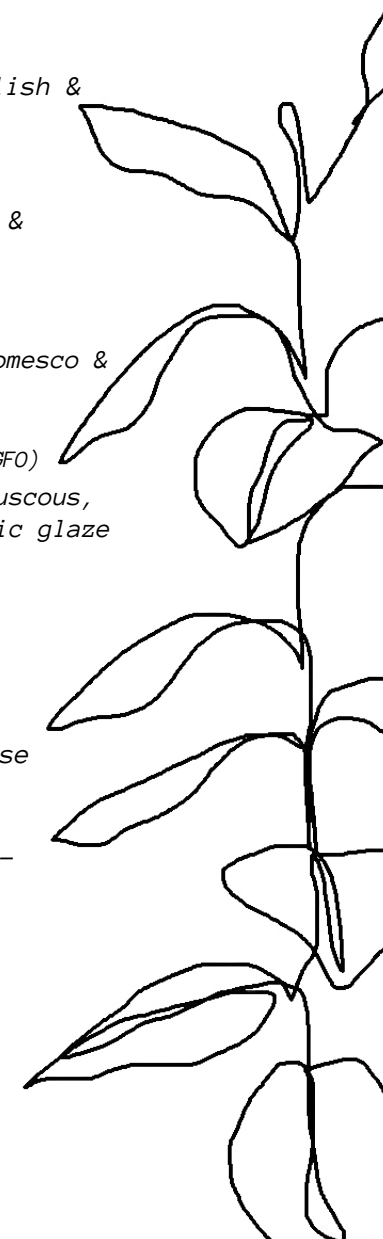
KIDS / \$12.50

Kids Breaky - One egg & bacon on toast

Kids Muesli - Seasonal fruit & yoghurt

Kids Burger - Beef patty, cheese & sauce w chips

KEY GF - Gluten Free (\$2) / V - Vegetarian / VG - Vegan / DF - Dairy Free / O - Option / N - Contains Nuts
A SURCHARGE APPLIES ON SATURDAYS AND SUNDAYS (10%) AND PUBLIC HOLIDAYS (15%).



ALL DAY DRINKS MENU

COFFEE *By Redbrick Coffee Roasters*

*Soy, Almond, Oat, Lactose Free + 1
Extra Shot, Decaf, Syrup + 1*

WHITE - COFFEE COFFEE BLEND

SML \$4.60 LRG \$5.20

*Macchiato - Piccolo - Flat White - Cappuccino -
Latte - Mocha*

BLACK - COFFEE COFFEE BLEND

SML \$4.10 LRG \$4.70

*Espresso - Long Black
BATCH BREW - Rotational single origin blends*

HOUSE MADE COLD BREW COFFEE / \$6

*Made with rotating single origin blends & extracted
over a minimum of 18 hours with ice cold purified water*

ON ICE / \$5.20

Iced Latte - Iced Long Black

ON ICE CREAM / \$7.20

*Iced Coffee - Iced Mocha - Iced Chocolate - Iced Chai
Add Cream + 1*

ADORE TEA COMPANY SPECIALTY TEAS / \$5

*English Breakfast - Earl Grey - Lemongrass & Ginger -
Peppermint - Green - Turkish Apple - Apricot & Peach -
Chai / Black or Milk infused*

HOT CHOCOLATE / Dark Belgian Chocolate

SML \$4.6 LRG \$5.20

CHAI LATTE / Grounded Pleasures 7 Spiced Chai

SML \$4.6 LRG \$5.20

Make it dirty + 1

KEY DF - Dairy Free / 0 - Option

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SMOOTHIES / \$9

PINE MANGO PASH / DF

Mango, passionfruit, pineapple & ice

PROTEIN PUNCH

Banana, whey protein, peanut butter, cinnamon & almond milk

BERRY MELON CRUSH / DF

Watermelon, mixed berries, mint & ice

FRESH JUICES

REGULAR \$8.5 / KIDS \$4.5

COLD PRESSED ORANGE JUICE

SWEET SUMMERTIME

Watermelon, cucumber, apple & mint

ENERGISER

Orange, beetroot, carrot & ginger

KALE CLEANSER

Kale, cucumber, ginger, celery & lemon

MAKE YOUR OWN

*Beetroot, carrot, ginger, watermelon, orange, kale,
celery, green apple, pineapple, cucumber*

MILKSHAKES

REGULAR \$8.5 KIDS \$4.50

THE CLASSICS

Choc, Caramel, Vanilla, Strawberry

COOKIES & CREAM

CARAMEL CRUNCH

ICED TEA / \$7

WILD BERRY ICED TEA

MORNING DEW

Green tea

Please see drink display for a selection of bottled drinks

